

Oceanside Academy – Snack Menu May

Meal	Monday				28-Apr	Tuesday				29-Apr	Wednesday				30-Apr	Thursday				May 1st	Friday				May 2nd
	Food Item	1-2 yrs	3-5yrs	6+ yrs		Food Item	1-2 yrs	3-5yrs	6+ yrs		Food Item	1-2 yrs	3-5yrs	6+ yrs		Food Item	1-2 yrs	3-5yrs	6+ yrs		Food Item	1-2 yrs	3-5yrs	6+ yrs	
A.M. SNACK	Cheese-it Water	15	15	29		Animal Cracker Water	4	4	8		Ritz Cracker Water	2	3	5		Graham Cracker Water	1	1	2		Pretzel Water	10	10	20	
P.M. SNACK	Water					Water					Water					Water					Water				
	Corn Muffin	1/2	1/2	1		Pretzels	10	10	20		WG Goldfish Crackers	20 (1/4C)	20 (1/4C)	40 (1/4C)		Vanilla Yogurt	1/4C	1/4C	1/2C		Pita Chips	1/2 PK	1/2 PK	1 PK	
	Fresh Apple	1/2	1/2	3/4		Cheese Cubes 6 Cubes = 1 oz	1/2 oz	1/2 oz	1oz		Fresh Orange	1	1	1 1/2		Teddy Grahams	1/2 PK	1/2 PK	1 PK		Fresh Carrots	1/4	1/4	1/2	
																					Hummus	1/4	1/4	1/2	
Meal	Monday				5	Tuesday				6	Wednesday				7	Thursday				8	Friday				9
	Food Item	1-2 yrs	3-5yrs	6+ yrs		Food Item	1-2 yrs	3-5yrs	6+ yrs		Food Item	1-2 yrs	3-5yrs	6+ yrs		Food Item	1-2 yrs	3-5yrs	6+ yrs		Food Item	1-2 yrs	3-5yrs	6+ yrs	
A.M. SNACK	Cheese-it Water	15	15	29		Animal Cracker Water	4	4	8		Ritz Cracker Water	2	3	5		Graham Cracker Water	1	1	2		Pretzel Water	10	10	20	
P.M. SNACK	Water					Water					Water					Water					Water				
	WG Graham Crackers	1/2PK	1/2PK	1PK		Vanilla Yogurt	1/4C	1/4C	1/2C		Fresh Banana	1/2	1/2	1		Ritz Cracker	2	3	5		Corn Muffin	1/2	1/2	1	
	Applesauce	1/4C	1/2C	1/2C		WG Granola	1/2PK	1/2PK	1PK		WG Sunchips	1/2PK	1/2PK	1PK		Cheese Cubes 6 Cubes = 1 oz	1/2 oz	1/2 oz	1oz		Yogurt- Strawberry Gogurt	1	1	1	
Meal	Monday				12	Tuesday				13	Wednesday				14	Thursday				15	Friday				16
	Food Item	1-2 yrs	3-5yrs	6+ yrs		Food Item	1-2 yrs	3-5yrs	6+ yrs		Food Item	1-2 yrs	3-5yrs	6+ yrs		Food Item	1-2 yrs	3-5yrs	6+ yrs		Food Item	1-2 yrs	3-5yrs	6+ yrs	
A.M. SNACK	Cheese-it Water	15	15	29		Animal Cracker Water	4	4	8		Ritz Cracker Water	2	3	5		Graham Cracker Water	1	1	2		Pretzel Water	10	10	20	
P.M. SNACK	Water					Water					Water					Water					Water				
	WG Veggie Cracker	1/2PK	1/2PK	1PK		WG Sliced Bread	1/2 sl	1/2 sl	1 sl		Cheese-it	15	15	30		WG Tortilla Chips	3	5	10		String Cheese	1/2	1/2	1	
	Fresh Orange	1	1	1 1/2		Fresh Banana	1/2	1/2	1		Fresh Apple	1/2	1/2	3/4		Guacamole	1/4C	1/4C	1/2C		Cucumber Slices or Carrot Sticks	1/2C	1/2C	3/4C	
						Sunbutter	Cond	Cond	Cond												Ranch	Cond	Cond	Cond	
Meal	Monday				19	Tuesday				20	Wednesday				21	Thursday				22	Friday				23
	Food Item	1-2 yrs	3-5yrs	6+ yrs		Food Item	1-2 yrs	3-5yrs	6+ yrs		Food Item	1-2 yrs	3-5yrs	6+ yrs		Food Item	1-2 yrs	3-5yrs	6+ yrs		Food Item	1-2 yrs	3-5yrs	6+ yrs	
A.M. SNACK	Cheese-it Water	15	15	29		Animal Cracker Water	4	4	8		Ritz Cracker Water	2	3	5		Graham Cracker Water	1	1	2		Pretzel Water	10	10	20	
P.M. SNACK	Water					Water					Water					Water					Water				
	Corn Muffin	1/2	1/2	1		Pretzels	10	10	20		WG Goldfish Crackers	20 (1/4C)	20 (1/4C)	40 (1/4C)		Vanilla Yogurt	1/4C	1/4C	1/2C		Pita Chips	1/2 PK	1/2 PK	1 PK	
	Fresh Apple	1/2	1/2	3/4		Cheese Cubes 6 Cubes = 1 oz	1/2 oz	1/2 oz	1oz		Fresh Orange	1	1	1 1/2		Teddy Grahams	1/2 PK	1/2 PK	1 PK		Fresh Carrots	1/4	1/4	1/2	
																					Hummus	1/4	1/4	1/2	
Meal	Monday				26	Tuesday				27	Wednesday				28	Thursday				29	Friday				30
	Food Item	1-2 yrs	3-5yrs	6+ yrs		Food Item	1-2 yrs	3-5yrs	6+ yrs		Food Item	1-2 yrs	3-5yrs	6+ yrs		Food Item	1-2 yrs	3-5yrs	6+ yrs		Food Item	1-2 yrs	3-5yrs	6+ yrs	
A.M. SNACK	Closed					Animal Cracker Water	4	4	8		Ritz Cracker Water	2	3	5		Graham Cracker Water	1	1	2		Pretzel Water	10	10	20	
P.M. SNACK						Water					Water					Water					Water				
						Vanilla Yogurt	1/4C	1/4C	1/2C		Fresh Banana	1/2	1/2	1		Ritz Cracker	2	3	5		Corn Muffin	1/2	1/2	1	
						WG Granola	1/2PK	1/2PK	1PK		WG Sunchips	1/2PK	1/2PK	1PK		Cheese Cubes 6 Cubes = 1 oz	1/2 oz	1/2 oz	1oz		Yogurt- Strawberry Gogurt	1	1	1	

(WG)=Whole Grain
(PK)= Packet
(C)=Cup

(SL) = Slices
(Cond)= Condiment
*seconds will be served upon child's request

This institution is an equal opportunity provider